



## Co-Operative Council of Regina Luncheon

The Co-operative Council of Regina is a group of people representing co-operative organizations in Regina. Our purpose is to promote and increase awareness, understanding and support for co-operatives and co-operative development.

**Please plan to join us for the next luncheon on April 29th at 12 noon.** Register with Mavis at 543-7880 ext. 223. Our luncheons cost \$15 per person with pre registration required. Luncheons are held at the Delta Hotel, 1919 Saskatchewan Drive, Regina. We welcome new members to our Council by contacting Connie Paus at 566-7738 or emailing [connie.paus@concentrafinancial.ca](mailto:connie.paus@concentrafinancial.ca) for more information.

## CALL FOR NOMINATIONS

**Four (4) three-year term Board positions will be elected at the Annual General Meeting.** Please consider standing for election, encourage others to do the same, or forward us names of people who you think might be interested.

**We have a 12 person Board of Directors. If elected your responsibilities will include:**

- participating in a monthly board meeting
- participating in at least one Board committee
- participating in CHSA members meetings and social activities
- acting in keeping with the Board of Directors code of conduct
- contributing to Board decisions including reading materials and preparing for meetings, speaking out at meetings, bringing issues and concerns to the table and providing leadership and direction to issues facing the organization
- serving as an activist for our model of primary health care delivery within our community of members, staff and the public

CHSA directors play an important and essential role. They are the link to our membership and community of users. By putting your name forth or encouraging others to do the same you will be helping CHSA fulfill its mission of helping our members, the people who use our Clinic and those who live in our community gain health and well-being through a co-operative partnership of consumers and providers of health services. You will gain the opportunity to get involved with others in the community who share similar interests and concerns for the Community Clinic.

**Please contact one of our Nominating Committee members:**

Wes Norheim – 543-8022

Jennifer Cohen - 584-3560

Bonnie Ast - 543-7880

*It's the things in common that make friendship enjoyable, but it's the little differences that make it interesting.*

Mark your calendars and watch for more information in the PULSE regarding the **Annual General Meeting** to be held **JUNE 9, 2009**



### **Easter Holidays**

We will be closed Friday, April 10th and Monday, April 13th



### **Kids Active Living and Cooking**

July 13-16 for ages 7- 9.

July 20-23 for ages 10-12.

Time: 1:30-3:30 p.m. No Cost.

Limited space so please register early by calling 543-7880 ext. 223.

### **Girl Power class** for Girls in Grade 7 & 8

April 14-17. Time: 9:00-11:45 a.m. No cost.

Enjoy cooking, getting active and making new friends. Learn about making healthy choices that will last the rest of your life.

Call 543-7880 ext 223 to register.