



Prairie Lily Funeral Co-operative

Prairie Lily Funeral Co-op is a community service, member-owned co-operative that is committed to providing a full range of funeral and memorial service options at fair prices.


Prairie Lily Funeral Coop will operate a fully functional funeral facility managed by a licensed funeral director in accordance with *The Funeral and Cremation Services Act*, and overseen by a board of directors elected by members.

Our goal is to sell a minimum of 1,000 memberships at \$200 each to Saskatchewan residents.

For your membership application or more information:

- email plfc@accesscomm.ca
- visit our website at www.plfc.ca
- call (306) 779-4007

Mark your calendar for the Annual General Meeting

 **Tuesday, JUNE 9**
to be held at

**Regina Community Clinic
1106 Winnipeg Street, Regina**

**Registration: 6:30-7:00 p.m.
Meeting: 7:00 p.m.**

**For more information please call
Mary Flynn, Executive Director
at 543-7880 ext. 246**

Kids Active Living & Cooking Club

The nutritionist and exercise counselor will be instructing our annual summer club held at Regina Community Clinic. Sign up your kids to learn how movement can be fun and to create some delicious but nutritious meals.



This year we have two separate age groups:

7 - 9 year olds Date: July 13 - 16 from 1:30 - 3:30 p.m.
10 - 12 year olds Date: July 20 - 23 from 1:30 - 3:30 p.m.

Space is limited. Please call 543-7880, extension 223 to register. No fee.



MENOPAUSE INFORMATIONAL EVENING

WHEN: JUNE 3, 2009

TIME: 7-9 p.m. COST: \$5

GUEST SPEAKER: Dr. Vicki Holmes, Medical Director

Women's Mid-Life Health Centre of Saskatchewan

Discussion of NEW evidenced-based approaches to managing symptoms associated with the perimenopause/menopausal phase of your life.

PRE REGISTRATION IS REQUIRED. Please call 543-7880 ext. 223.

Winnipeg Street Pharmacy

We welcome the Pharmacy which is now located at the front entrance of our building. They look forward to serving members, clients, patients and the surrounding neighbourhood.

Hours of operation are Monday-Friday
8:30 a.m. - 5:30 p.m.

Closed weekends and noon to 1 p.m.
Call 949-0900

We will be closed Monday, May 18th

Please remember we provide after-hours emergency service. One of our doctors is 'on call' to look after problems which cannot wait until regular office hours. Do not go to the Emergency Department until you have spoken to the on-call doctor, unless you feel that a delay in receiving medical care will be life-threatening.

CALL 543-7880