

FUN WINTER ACTIVITIES IN SASKATCHEWAN

- ◆ ***Tobogganing***
- ◆ ***Ice Fishing***
- ◆ ***Snowmobiling***
- ◆ ***Curling***
- ◆ ***Ice Skating***
- ◆ ***Hockey***
- ◆ ***Sign up for music classes***
- ◆ ***Volunteer***
- ◆ ***Find a new hobby***



CURRY BUTTERNUT SQUASH SOUP

Ingredients:

- 1 tsp canola oil
 - 1 medium onion, chopped
 - 2 cloves garlic
 - 1 – 2 ½ lb butternut squash (peeled, seeded and cubed)
 - 6 cups low sodium chicken or vegetable broth
 - 1 Tbsp + 2 tsp curry powder
 - ½ tsp salt (to taste)
 - 2 Tbsp honey
- Bake squash in oven or microwave.

Fry remainder of vegetables.

Add squash, vegetables, broth, curry, salt and honey to blender.

Puree.

Pour into pot and heat.

*optional: add sausage



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