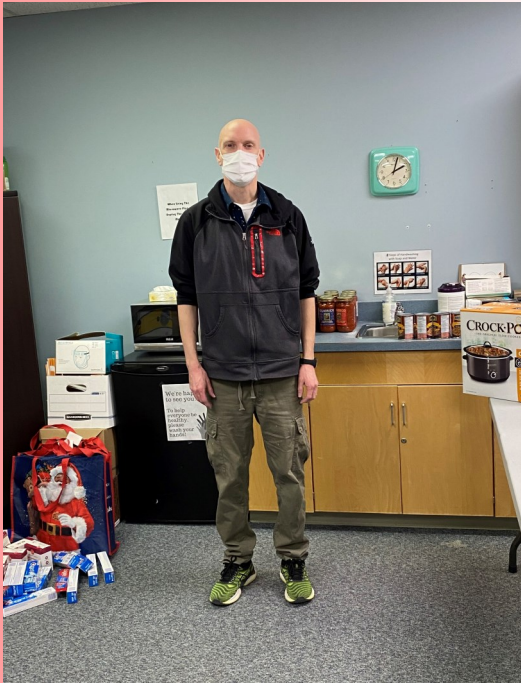


# FASD Centre



Jason Galiegue, FASD Life Skills Coach



**Every Christmas season food security along with other concerns arise for FASD clients.**

**This year, the FASD Centre coaches prepared 20 Holiday Hampers for their clients. The hampers included non-perishable items along with a slow-cooker in order to help clients prepare quick and nutritious meals.**

**The FASD Centre continues to support their clients with life skills coaching, addictions coaching, and classes.**