

FASD CENTRE AT THE REGINA COMMUNITY CLINIC

FASD and Communication



Many people living with FASD have communication difficulties and these are invisible.

Chances are you can't tell if someone has FASD by just looking at them. For many people this disability is invisible.

Many people living with FASD struggle with language processing disorders. For some, they can hear but cannot keep the words in sequence. Others may only be able to process every fourth or fifth word they hear. The result: what they hear is distorted and confusing.

This is because they may have a language processing disorder, which as a result of the injury of the brain, does not allow them to manage the information properly.

For most people, listening is the hardest part of communication because it requires the use of short-term memory, the ability to pay attention, and receive and prioritize the information while understanding its implication.

Other folks have limited vocabulary. Some will struggle with abstract language. While others may not be able to distinguish one sound from another (i.e. the sound of your voice from the voice on the radio).

How can you improve your skills in communication?

Discover how FASD is affecting peoples lives around you. Be gently curious and discover what they need to be more successful. Then, adapt what you do.

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