

Alcohol + FASD = A Bad Mix

Chances are you can't tell if someone has FASD by looking at them. For the majority of people this disability is invisible. Big challenges for people with FASD happen when they start drinking alcohol.

Because people with FASD were exposed to alcohol before they were born - while in the womb - they often have a different response to alcohol.

Many people with FASD are quickly dependent upon alcohol and become addicted faster than expected.



Many treatment and recovery options do not take into consideration the effect of the FASD or ask about FASD. Remember, this disability is usually invisible.

Most recovery programs are built around complex cognitive thinking. This may be very difficult, sometimes impossible, for people with FASD who have cognitive disabilities.

Other people with FASD are also living with impulsivity and or her separation, and this influences the use of alcohol.

And, some people drink so they can have friends and not feel as lonely.

The problem for people with FASD who enjoy using alcohol, the impact of alcohol is more damaging on their health and brain.

People with FASD who struggle with alcohol need to be understood. Workers need to understand the impact of FASD before starting treatment or programming.

To learn more about FASD, please call us. We are here to help.

